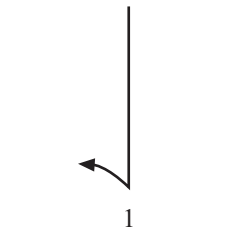
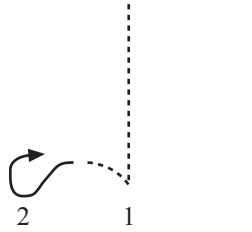
Counting (and Conducting) in Four

This semester we are going to practice executing rhythms by conducting and saying "ta."

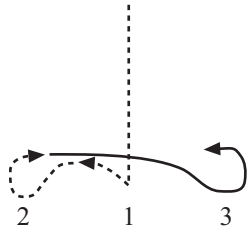
The first examples we'll use are in 4/4, and so we need to learn a "four pattern." Here's a quick diagram that will (hopefully) show how to move your arm.



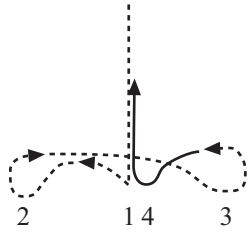
One is always a plunge downward with a bounce.

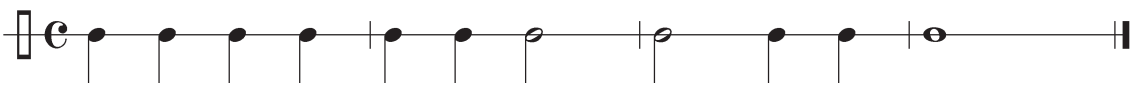


Two is a sweep to the left (or right, doesn't really matter.)



Three is a sweep to the opposide side.



And four is a scoop upwards.

Here are some easy rhythmic passages to get started with: